

2024

새해 복 많이 받으세요



# The Japan Club of LaGuardia Community College presents New Year Celebrations in Asia 2024

Wednesday, January 17<sup>th</sup>, 2024  
10:00am - 1:00pm

Poolside Café, LaGuardia Community College



## 설날 (seollal), the Korean Lunar New Year's Day

Seollal is the holiday that celebrates the first day of the Korean lunar calendar, which was traditionally the calendar used in Korea. Though these days people in Korea mostly use the Gregorian calendar like in America, the New Year's Day is still celebrated according to the lunar calendar, which falls on the February 10<sup>th</sup> in 2024.

Korea  한국

## 떡국 (tteok-guk), the rice cake soup eaten on Seollal

Tteokguk is a savory hot soup made with rich milky beef broth, sliced rice cake, and a select savory toppings like eggs, scallion, and roasted seaweed. It is the most iconic food of Seollal in Korea as the rice cake used in the soup symbolizes a new beginning, longevity, purity, and wealth, which are the most common fortunes that one wishes to another in Korea on seollal. Tteok-guk is commonly thought of as the soup that gets you a year older, and, hopefully, wiser.



## 차례 (cha-rye), the memorial service for the ancestors

Charye is performed during Seollal and other traditional Korean holidays. It is a form of ancestral worship and an expression of gratitude to one's ancestors. In general, Charye requires a tablet stand, ritual table, and ritual vessel to be prepared, along with a folding screen, incense table, incense burner, incense container, small table, and mat. On the table, offerings of seasonal special dishes along with other food common to similar memorial rituals are placed.

## 세배 (se-bae), the deep bowing to the elders

Se-bae is a type of Jeol (the traditional Korean deep bowing) performed specifically on Seollal (Korean Lunar New Year). People dress in Hanbok (the traditional attire of Korea) and do a deep bow to their elders to respectfully greet and wish them health and good fortune. Elders will give well-wish remarks upon receiving the deep bow. It is customary for the elders to give some money to the younger generation that does the deep bow on Seollal.



## 윷놀이 (yutnori), a Korean traditional board game

The game has players throw four Yut (wooden sticks) to move their tokens on a 29-dot board; the first to finish the circuit wins. Depending on how the sticks are thrown, a token can be moved up to five dots at once. Yutnori's logic is based on the Korean people's understanding of the universe and astronomy. Yutnori is played on major traditional holidays, but especially on Seollal.

## Common 설날 (seollal) Greetings

- 1) 새해 복 많이 받으세요.  
(seh-he bok manni ba-du-seh-yo)  
*Wishing you all the luck/fortune in the New Year.*
- 2) 즐거운 설 명절 보내세요.  
(Jul-guh-un seol myung-jeol bo-neh-seh-yo)  
*Happy New Year Holidays.*
- 3) 올해는 좋은 일만 가득하세요.  
(Oreh-nun jo-un il-man ga-duk ha-seh-yo)  
*Wishing you a year full of only good things/fortune.*
- 4) 항상 건강하세요.  
(Hahng-sahng gun-gang ha-seh-yo)  
*May you always have good health.*

